



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
Rg-kood 10822068
Tel 666 1900
E-post info@itk.ee
www.itk.ee

Centre for Allergology and Immunology

The Centre for Allergology and Immunology specialises in the diagnosis and treatment of various disorders of the immune system, including allergic diseases and immunodeficiency. We are the only speciality unit in the field of allergology and immunology in Estonia. Both [allergist immunologists](#) and [paediatric allergists](#) have appointments in our centre. Our aim is to provide the best evidence-based and comprehensive treatment for patients of all ages. We welcome both children and adults to appointments.

In order to refer an allergist-immunologist to a consultation, the family doctor or specialist doctor will form an e-consultation referral, which we will reply to within 4 working days (the patient will be contacted and the appointment date will be agreed).

In addition, we have a [medical geneticist](#) and [dermatologists](#) at our centre. A specialist must refer you to a medical geneticist. You do not need a referral to see a dermatologist.



Services

Outpatient appointment with an allergist-immunologist

Outpatient appointment with a paediatric allergist

Appointment with a geneticist

Appointment with a dermatovenerologist

Appointment with an allergology-immunology nurse

Appointment with a dermatovenerology nurse

Provocation test

Spirometry

Spirography with bronchodilator test

FeNO test

Allergen-specific immunotherapy

[Skin prick tests](#)

[Epicutaneous tests](#)

[Skin biopsy](#)

[Digital dermatoscopy](#)

[Light therapy of the skin](#)

[Removal of benign skin lesions](#)

[Treatment of viral warts and corns with liquid nitrogen](#)

[Minor outpatient surgery performed by dermatologists](#)

Aadressid

Center of Allergology-Immunology

Pärnu mnt 104, Tallinn

[666 1900](tel:6661900)

[Google Maps](#)

59.41682, 24.73878

Staff

Krista Ress



[606 7859](tel:6067859)

krista.ress@itk.ee

Natalja Sviridenko



[6067845](tel:6067845)

natalja.sviridenko@itk.ee

Kristi Vähi



[606 7845](tel:6067845)

kristi.vahi@itk.ee