



IDA-TALLINNA KESKHAIGLA

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Mammalogist appointment

The aim of a mammologist appointment is to determine the cause of the breast problems and to find a suitable treatment method.

A mammologist undertakes the following:

- Collects information on symptoms, general health and family medical history
- Performs a breast examination
- If necessary, performs an initial ultrasound examination
- Orders any necessary additional examinations and analyses
- Draws up a plan for treatment and monitoring

A referral is not needed to book an appointment. The appointment is free of charge for patients with health insurance.

You can book an appointment:

- [On the Health Portal](#)
- By calling +372 666 1900 Mon to Fri 07:15-18:00
- At the hospital reception desk

In the case of an urgent problem, please contact us by email [atrind \[at\] itk.ee](mailto:atrind@itk.ee)