



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
Rg-kood 10822068
Tel 666 1900
E-post info@itk.ee
www.itk.ee

Folic acid in serum

Folic acid is necessary for cellular growth and multiplication, especially for the normal functioning of haematopoiesis.

During pregnancy, it's necessary for the development of the fetus. Folic acid is found in most foods, especially plant-based food. It's recommended to fast for 8-10 hours before the test.