



IDA-TALLINNA KESKHAIGLA

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## Allergen-specific immunotherapy

Allergen-specific immunotherapy is the only modern treatment changing the course of an allergic disease; it is used to develop a tolerance to the allergen causing the allergy.

We can perform allergen-specific immunotherapy for the treatment of pollen allergy, household dust allergy, insecticide allergy and animal allergy. It is possible to carry out the treatment using subcutaneous injections or sublingual drops. We perform allergen-specific immunotherapy on both children and adults.