



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
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## Early arthritis office

**In the early arthritis office, we treat primary rheumatoid arthritis or other inflammatory joint diseases.**

Starting treatment at the initial stage of the disease is important in order to obtain a good treatment result and prevent loss of working capacity. Patients with joint inflammation lasting less than 12 weeks are referred to the early arthritis office.

A family doctor or a specialist refers to the early arthritis office with a digital referral or via e-consultation. A separate note "referral to the early arthritis office" is required.

**You can book an appointment:**

- by phone [666 1900](tel:6661900) **Mon - Fr 7.30 – 18.00**
- on site at the reception