

# Appointment with a cardiologist

**There is reason to come to an appointment with a cardiologist if a heart-related disease is suspected – ischaemic heart disease, prior myocardial infarction, heart failure, cardiomyopathies, valve failures, arrhythmias, issues related to blood pressure disease, high risk of heart diseases in the family history (high cholesterol in family history, early onset of heart diseases, sudden death in the family), pregnant women with heart issues.**

A family physician's referral along with all health information is required. A family physician can also refer patients to an appointment via prior e-consultation, to which the cardiologist will respond within 5 working days. In case any additional tests are required, the patient will be contacted and an appointment date arranged. If the cardiologist rules that the patient is required to remain under observation, a referral letter for a return appointment (valid for 1 year) will be prepared; the patient can register themselves for a physician's appointment with it after the prescribed time has passed.

Independent nurse's appointments also take place on the following topics – heart failure, atrial fibrillation, post myocardial infarction and lifestyle optimisation counselling.