

# Vaccination against measles for adults

**For those who have not had measles and have not been vaccinated against measles, it is recommended to vaccinate with two doses of the MMR vaccine with an interval of at least four weeks.**

For those who have been vaccinated with a single dose of the MMR vaccine, it is recommended to revaccinate with one dose of the MMR vaccine. People born after 1993 and vaccinated with two doses of the MMR vaccine do not need to revaccinate themselves. Those who do not know whether they have had measles or have been vaccinated, can confirm their immunity by determining the presence of IgG antibodies from a blood sample.