

Massage for lymph circulation

The massage is used to stimulate the flow of lymph fluid and the removal of residues from the body. The main massage techniques affect the superficial lymph nodes, resulting in a decrease in the volume of fluid between the tissues, an increase in lymphatic circulation and a reduced sensation of pain.

The massage for lymph circulation is slow, superficial and very gentle. The procedure relaxes and relieves muscle tension and works well for oedema, circulatory disorders and metabolic illnesses.

Duration: 30 minutes

The service is paid.