

Laser therapy

In laser therapy, an infrared or a semiconductor laser is used. Its rays penetrate tissues up to a depth of 7–8 cm. Laser therapy improves circulation and the metabolism of tissues and intensifies immunological processes.

Laser therapy is also good in the case of arthritis, myositis or tendinitis, in treating post-traumatic conditions and also for treating trophic ulcers and phlebitis. Laser therapy relieves pain by decreasing the sensitivity of pain receptors and increasing the circulation and metabolism of tissues. Laser therapy also relieves oedema.

The treatment course lasts for at least 3 sessions but more permanent results are achieved after 7–8 sessions. The duration and frequency of the procedure is prescribed by the doctor.

A physician's referral is necessary to receive the service. The service is paid.