



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
Ravi 18, 10138 Tallinn  
Rg-kood 10822068  
Tel 666 1900  
E-post info@itk.ee  
www.itk.ee

## Centre of Ear, Nose and Throat Diseases

Our centre deals with the diagnostics, treatment and hearing rehabilitation of ear-nose-throat diseases amongst adults and children. The centre includes the clinics of ear-nose-throat diseases together with the offices of the Hearing Centre and voice disorders.

### **The Centre of Ear-nose-throat Diseases deals with the following:**

- Bone anchored hearing aids
- Endoscopic nose and paranasal sinus surgery
- Middle ear microsurgical surgeries
- Nose, larynx and middle-ear laser surgery
- Larynx micro-surgical surgeries
- Surgeries correcting the shape of nose and ears
- Removal of tonsils and adenoids
- Improving nasal breathing through the method of ablation and laser
- Installation of eardrum drains
- Conducting of balance tests
- Auditory studies and the fitting and installation of hearing aids

### **Phoniatrics and laryngology**

The office of laryngology was established in 1987. Since 2010, we have been the first centre dealing with functional voice disorders in Estonia that is in compliance with international standards. The laryngologist at the voice disorder office uses the newest video-endoscopic apparatus and stroboscopy to diagnose the diseases of the larynx and vocal cords. Speech therapists are also a part of the voice disorders office team.

The cabinet of voice research has carried out joint research with the Estonian Academy of Music and Theatre, Tallinn University and the Viljandi Culture Academy of the University of Tartu.

The doctors and nurses in the unit of ear-nose-throat diseases are lecturers at the training of East Tallinn Central Hospital as well as outside of it for colleagues and the specialists and nurses for other fields.

The ear-nose-throat and otolaryngology services are broad-based – starting from regular consultations to complex microsurgical otolaryngological surgeries and to endoscopic paranasal sinus surgeries and nose plastic surgery.

The centre is a study and practice base for the residents of otorhinolaryngology of the University of Tartu's medical faculty. In addition, we are a training centre for otorhinolaryngologists, general practitioners, allergists and for other residents. We are a practice base for the nursing students of Tallinn And Tartu Health Care College.

The center's nurses fit and install hearing aids, deal with the training of patients with dizziness, consult patients before surgery and do rhinomanometry.

During vacation and illness periods, you can turn to the [Audiomedi Hearing Center at Kotka Health Center](#) (Kotka 12, Tallinn) for the adjustment or repair of the appliance purchased from us.

## Services

[Ear-nose-throat doctor's appointment](#)

[Laryngologist's appointment](#)

[Audiometry nurse's appointment](#)

[Speech therapist's appointment](#)

[Audiology](#)

[Hearing tests](#)

[Surgical treatment of ear-nose-throat diseases](#)

[Voice disorder test](#)

[Setup of the hearing equipment, its maintenance and counselling](#)

## Addressid

### Centre of Ear, Nose and Throat Diseases at Magdaleena

Pärnu mnt 104, Tallinn

[666 1900](tel:6661900)

### Centre of Ear, Nose and Throat Diseases at Tõnismäe

Hariduse 6, Tallinn

[666 1900](tel:6661900)

## Staff

## Erekle Dzotsenidze



[606 7661](tel:6067661)

[Erekle.Dzotsenidze2@itk.ee](mailto:Erekle.Dzotsenidze2@itk.ee)

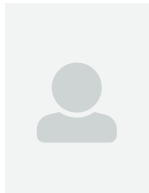
## Johanna Kraas



[606 7664](tel:6067664)

[johanna.kraas@itk.ee](mailto:johanna.kraas@itk.ee)

## Anu Saar



[606 7664](tel:6067664)

[anu.saar@itk.ee](mailto:anu.saar@itk.ee)