

# Individual physiotherapy (1 hour) \*

**The aim of physiotherapy is preventing possible health problems, maintaining or improving the range of mobility of joints and the strength and endurance of muscles, restoring impaired functions or, if necessary, compensating for them and managing pain.**

The physiotherapy service includes assessment of the need for physiotherapy and making a physiotherapeutic diagnosis, planning physiotherapy, prepared an individual exercise plan, implementing it and evaluating both the patient and the physiotherapeutic process.

The patient is referred for physiotherapy by a rehabilitation physician. Without a referral, the service is paid.