



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
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## Rehabilitation physician's appointment

A rehabilitation physician is a medical specialist who evaluates the patient's condition, decides on the need for medical rehabilitation and prescribes further treatment depending on the patient's problem, by referring the patient to rehabilitative services (physiotherapy, occupational therapy, massage, etc.).

A referral from our family doctor or a specialist is necessary for an appointment.

**Appointments can be booked:**

- Health Portal <https://www.terviseportaal.ee/en/>
- by phone [666 1900](tel:6661900) **Mon-Fri 7:15-18:00**
- at the reception