



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla  
Ravi 18, 10138 Tallinn  
Rg-kood 10822068  
Tel 666 1900  
E-post info@itk.ee  
www.itk.ee

## Manual Therapy

Manual therapy uses methods and techniques aimed at correcting dysfunctions in the skeletal system. Targeted manual techniques help restore the normal function and balance of joints, muscles and their surrounding structures.

This [service is paid](#).

### **You can book an appointment:**

- on-site at the registration desk
- by phone at +372 666 1900 Monday to Friday 07:15-18:00