

# Pain management doctor's appointment (pain treatment office)

**In the pain service pain treatment office, we help patients with chronic pain with a referral**

Chronic pain is often caused by a long-term illness, for instance, joint wear, nerve damage. Chronic pain may decrease a person's quality of life, disrupting their work, daily life, and sleep. Chronic pain requires an even and long-lasting pain treatment.

Chronic pain cannot be completely cured, often it can be partially alleviated, the sleep rhythm can be improved. By learning to live with pain and accepting the pain, the person shall have the chance to better cope with their daily life.

We most often encounter headaches and spinal pain: neck and back pain. Joint pain is also common. Other types of pain are less common.

**In our hospital, neurologists provide headache treatment.**

- When coming for the doctor's appointment, you should definitely bring
- General or treating physician's referral
- List of medicines being taken (or the medicines)
- All other medical documents that you have: statements, study results, etc.