



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
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Centre of Rheumatology

The Centre of Rheumatology is the biggest unit in Estonia specialising in diagnostics and treatment of rheumatic diseases. We diagnose and treat various joint inflammations, systemic connective tissue diseases, systemic vasculitis, bone diseases. For our diagnostics, we use high-level medical technology with top specialists. We treat each patient as a whole and, if necessary, we consult with specialists from other fields. We work closely with our hospital's orthopaedists, spinal surgeons and rehabilitation doctors.

Since 2007, we have been using biological therapy in the treatment of joint inflammations and severe systemic diseases. Half of the patients receiving biological treatment in Estonia are being treated and monitored in our centre. New effective drugs are constantly being added to the rheumatologists' drug arsenal, thanks to which we are able to help patients more and more efficiently. We consider the most important thing to be timely treatment, which prevents the patient from losing their ability to work and allows them to continue a full life



The centre of rheumatology includes:

- inpatient department
- rheumatology outpatient clinic
- rheumatology day care centre
- osteoporosis office (DXA scan)
- early arthritis office
- podiatry offices

Patients can contact a rheumatologist with a digital referral from their family doctor or via an e-consultation.

Services

[Rheumatologist consultation](#)

[Foot treatment/medical pedicure](#)

[Rheumatology nurse consultation](#)

[Osteoporosis office](#)

[Therapeutic plasma exchange](#)

[Early arthritis office](#)

[Joint injection](#)

[Ultrasound examination of the joint](#)

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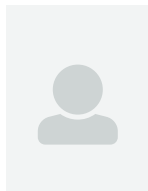
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