

Centre of Rheumatology

The Centre of Rheumatology at East Tallinn Central Hospital is the only specialised centre of rheumatology in Estonia. Here we diagnose and treat rheumatic diseases according to the newest medical technology and modern treatment principles.



You can contact us in the case of:

- muscle and joint problems,
- back pain,
- osteoporosis,
- unexplained skin rash or fever.

The rheumatologists at East Tallinn Central Hospital are highly recognised specialists in Estonia from whom many belong to the management board of the [Estonian Rheumatologists' Association](#) and the Osteoporosis Association.

Over 15 years, we have been able to use effective biological medicines in the treatment schemes, which have also brought a significant turnaround in the results of the treatment of rheumatological diseases. Timely effective treatment prevents disability, the person can enter the employment market again and their quality of life improves. Since 2019, the newest achievement in our treatment of joint infections will add to our treatment armamentarium – JAK inhibitors.

The Centre of Rheumatology includes:

- inpatient care
- rheumatology clinic
- outpatient care of rheumatology
- densitometry office (for the study of bone density)
- foot treatment offices

Services

[Appointment with a consultant rheumatologist](#)

[Foot treatment/medical pedicure](#)

[Appointment with a rheumatology nurse](#)

[Bone density measurement](#)

[Therapeutic plasma exchange](#)

[Early arthritis office](#)

[Joint injection](#)

[Joint injection under ultrasound guidance](#)

[Foot treatment, single procedure](#)

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Staff

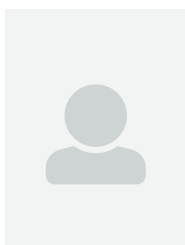
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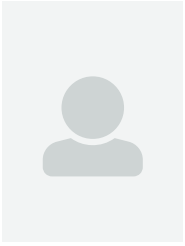
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