



IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
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Automatic water massage

The effect of automatic water massage improves blood circulation and tissue metabolism.

Massage relaxes muscle tension and relieves pain. Underwater massage has a soft effect and creates a pleasant feeling.

Automatic water massage takes place in a special massage bath.

The service is for a fee.

Please bring swimwear, hygiene items, a towel and shoes with non-slip soles.

Appointments can be booked:

- by phone [666 1900](tel:6661900) **Mon-Fri 7:15-18:00**
- at the reception